

Kapiti Thursday Walking Group
Walks start at 10am, meet at the location indicated.

Date 2010	Area	Directions/Notes
Thu 4 March	Otaki Forks	<i>10am Car pool</i> from the picnic area on SH1 south side of Otaki River. A shorter walk (1.5 hours round trip) at Otaki Forks on mostly well formed walking track but with some steep, rough or muddy sections. Suitable for people with low to moderate fitness and abilities. Light hiking boots or good walking shoes required. Provided the weather is fine we will picnic at Otaki Forks.
Thu 11 March	Paraparaumu - Camelot	Meet at Southwards Car Park for a walk through the Camelot subdivision to the river. Walk down to Otaihanga and back via Otaihanga Road.
Thu 18 March	Te Hapua	Meet at the corner of Te Hapua Road & State Highway One for a walk to the end of Te Hapua Road, then on the beach towards Pekapeka and back. Te Hapua Road is about 6.4 km. north of the Waikanae traffic lights. As parking is limited please car-pool as much as possible. (Walk led by Pat Menzies)
Thu 25 March	Waikanae	Meet at Tui Crescent entrance of the Hemi Matenga Walkway. For those wanting a steep walk take the high track to the tops. Those wanting something less strenuous take the low track and return around some streets. To get there: from SH1-Waikanae, turn across the railway into Elizabeth St. Take 3rd left into Winara Ave, 2nd right into Kereru St then left into Tui Cr.
Thu 1 April	Raumati South Queen Elizabeth Park	Meet at the Raumati South Esplanade Entrance to Queen Elizabeth Park for a walk to Whareroa Beach and back.
Thu 8 April	Te Horo	Meet at Hyde Park, SH 1/Te Horo Beach Road for a walk to the beach and back.
Thu 15 April	Paraparaumu	Meet at Kaitawa Crescent, cross the railway at Paraparaumu Lights, turn right then left into Ruapehu St, Kaitawa is up and on the right. For a walk around Kaitawa Reserve, through Hookway Drive into Valley Road and back.
Thu 22 April	Reikorangi	Meet at Reikorangi Pottery/Cafe Car Park, Ngatiawa Rd, for a walk along country roads. To get there cross the railway line at Waikanae, go up Elizabeth Street which changes into Reikorangi Rd drive for a few kms and turn left onto Ngatiawa Rd just before the church/bend. The Pottery is a little way down on the left.
Thu 29 April	Paekakariki	Meet at the Fisherman's Table on State Highway 1 just 5 mins south of Paekakariki and we will walk the first stages of the Kapiti Walkway to Queen Elizabeth Park and back.
Thu 6 May	Paraparaumu	Waikanae Estuary Care Group Plantings - Meet at the Jolly Miller, Mazengarb Road. A walk lead by Pat Menzies.
Thu 13 May	Waikanae Beach	Meet at car park by bridge / toilet block on the corner of Huiawa and Fieldway for a walk north towards Peka Peka Beach and back.
Thu 20 May	Otaki Beach	Meet at the Otaki Beach Life Saving Club for a walk on the beach and roads.
Thu 27 May	Paraparaumu	Meet at the car park near the toilets on Marine Pde, Paraparaumu Beach, for a walk south along the beach and back through Raumati & Paraparaumu Beach streets and reserves.

Kapiti Thursday Walkers:- Guidelines

General:

The Kapiti Thursday walking group is a reasonably informal group supported by Sport Kapiti. The schedule of walks give an indication of the nature of each walk and walkers take part entirely at their own risk. They are expected to take responsibility for their own safety and to carry with them any necessary emergency medications or first aid supplies.

The walking schedule is made up by members of the group who take no responsibility for others taking part. Walks are always within the Kapiti Coast District extending from Paekakariki in the south to Otaki in the north. Occasionally walks will extend into the lower bush tracks but many of our walks are confined to urban areas.

Difficulty of Walks:

Where the designated walk is in steep terrain, normally an alternative 'easier' walk is provided for those who feel less able. Likewise on some walks the group may split into 'fast' & 'slow' groups.

Leaders:

At the start of each walk someone will be designated as 'leader' and another as 'tail-end-Charlie'. When the 'leader' makes a change of direction or where there are alternative routes, the 'leader' is to ensure that the 'tail-end-Charlie' is aware of this and knows which way to go. Where there are alternative 'steep' & 'easy', or 'fast' & 'slow' groups, 'leaders' and 'tail-end-Charlies' will be designated for each group. The leader of any group will count those who start in that group and make sure all those finish. Anyone who drops out part way **must** inform the 'leader' or 'tail-end-Charlie'.

Walking on Roads:

When walking on roads, where provided, footpaths are to be used. Where there is no footpath walkers are to stay on the right-hand side of the road to face oncoming traffic, except around blind corners where the outside shoulder of the road may be used.

Emergency Communication:

At the start of the walk those with cell-phones will be identified, so they can contact outside help should an emergency arise.

Car Pooling:

The group encourages car-pooling - please make your own arrangements with other walkers.

Contact with the Walking Group:

Contact the walking group either through Sport Kapiti, 14 Parata St, Waikanae (telephone 04 296 9022, email info@sportkapiti.org.nz) or email the group kapitithursdaywalkers@gmail.com - catch up with the latest at:-

www.sportsground.co.nz/kapitithursdaywalkers