

KAPITI WEDNESDAY WALKERS

General Information

Walks occur fortnightly on a Wednesday. Newcomers welcome.

COST: \$2.00. Children Free

TIME: Meet at 9.15am for a 9.30am start, unless otherwise stated on the programme.

MEETING PLACES: At **Paraparaumu**, meet at the north end of the Community Centre car park.

At **Waikanae**, if traveling south, meet at the north end of the Railway Station car park opposite Connolly Court and leave at 9.15am to travel together to Paraparaumu. If the walk is north of Waikanae, wait at Connolly Court for the Paraparaumu group.

BRING: Parka, a warm garment, woollen hat, gloves, lunch, and a drink in a backpack. In winter a hot drink.

WEAR: Boots are preferable but strong walking shoes or track shoes with woollen socks are adequate.

Please bring a plastic bag to put muddy shoes in at the end of the walk.

TRANSPORT: By carpooling. Try to fill each car. The suggested contributions payable to the driver are per passenger, calculated from Paraparaumu.

QE II Park	\$3.00	Waikanae and Pukerua Bay	\$4.00
Pukerua Bay	\$5.00	Lower Hutt	\$12.00
Maungatukutuku	\$5.00	Paremata	\$5.00
Porirua and Belmont	\$6.00	Manakau North	\$7.00

BOOKINGS: No bookings required - just turn up on the day.

CANCELLATIONS: No cancellations. Trips go regardless of the weather.

FIRST AID: Carry your own small kit - include sticking plaster, crepe bandage etc.

SAFE & HAPPY WALKING HINTS: Please do not wander off by yourself or get ahead of the leader. Always tell someone if you have to stop for any reason, including comfort stops.

Wednesday Walkers Programme January to July 2010

January 20	Panatawaewae, Manakau North. A steady climb through bush.	Muriel	293 5121
	NOTE Parking is limited at the road end.		
February 3	Colonial Knob, Porirua. A good climb with lots of steps!	Barbara	298 5762
February 17	Pukerua Bay: Bush, beach and a goat track	Solange	902 3436
February 24	Weeding. Meet at Otaihanga Domain at 9.30am. Bring suitable tools and lunch if you would like to walk afterwards.	Margaret	904 8302
March 3	QE II Park from Raumati entrance. Nice, gentle walk	Bill	905 6162
March 17	Celebrate St Patrick's Day in Wellington. Catch 9.00am train from P'ram. Bring Gold Card. May need cash for return fare.	Margart M	904 6599
March 31	Hutt River from Melling. An enjoyable flat walk.	Peter	905 3804
April 14	Campbell's Mill Road, Mangatukutuku. Great views. Good tracks.	Barbara	298 5762
April 28	Waikanae to Peka Peka. Easy and flat.	Muriel	293 5121
May 12	Paremata Inlet. Enjoy the Marina and shoreline.	Solange	902 3436
May 19	Planning meeting at 11.00am in the small meeting room, upstairs in the Waikanae Library. All walkers welcome to share ideas for future walks.	Margaret	904 8302
May 26	Pukerua Bay to Plimmerton. Always enjoyable. Return from Plimmerton by train optional. Bring Gold Card.	Margaret	904 8302
June 9	Belmont Road to airstrip. Always good views and refreshing breeze	Noelene	298 5957
June 23	Hutt River from Manor Park. Pleasant flat walk. Bring Gold Card as we may return to Manor Park by train.	Rob	905 4680
July 7	Hemi Matenga from Elizabeth Street quarry. Will stretch the legs	Sally	904 1260