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Jonathan Collins Cup

Five Catholic schools commemorated Jonathan Collins by holding a netball and rugby event.

The Jonathan Collins Cup is an annual netball and rugby event contested by five Catholic schools in the Hutt Valley to commemorate and celebrate the life of Jonathan 'Uati' Collins who passed away in 1999.

For the children it is the highlight of their sporting year and much pressure is put on peers to do their best.

Although the event was held at Our Lady of the Rosary, Sacred Heart Petone were the hosts for the event after winning in 2009.

The weather forecasts were abysmal and things were not looking good until the morning of the 23 August when the sun shone despite all and sundry picking torrential rain.

In the end it was a very close tournament with all children participating with sportsmanship and determination.

The tournament is well supported by the Collins family which serves to keep alive the true spirit of the day.

The presentation of the cup was made by Jonathan's sister Donna to both St Michaels, Taita and Sacred Heart Petone after both schools only lost one game each out of both codes.

Congratulations to St Michael's and Sacred Heart!

Article & photos provided by Sacred Heart Petone School.



Mud, Mud, Glorious Mud!

Rippa Rugby Otaki Inter Primary Schools Tournament was held on 24th August.

Mud on the fields and snow on the hills didn't deter more than a hundred children from every school in the Otaki area from participating in the annual Inter school rippa rugby tournament.

Organised by Shane Pihema and Bryan Thompson on behalf of the Horowhenua Kapiti Rugby Union the day is a culmination of the visits to the schools by these two enthusiastic coaches. Bryan Thompson who was a regional winner of the SPARC Volunteer Coach Award last year said "it is great to see their skills develop."



"Next year I would like to see a separate girls section so they get a real opportunity to show their skills."

Two outstanding players in the tournament were Kaylin Doyle from Te Kura-a-iwi o Whakatapuranga Rua Mano – watch for her

in future Black Ferns Teams.

"Kapu Broughton Winterburn gets my vote for the fastest and fittest of the boys," says Jan Nisbet from Sport Wellington Kapiti. "He weaved and ducked and dived and several times made sure players who hadn't scored a try were given the ball so they too could have a moment of glory."



Te Horo school which is in the process of recapitating to a full primary school did very well to get in the finals with a Year 6 and 7.

They were up against the best in the business though and Te Kura-a-iwi o Whakatapuranga Rua Mano came out winners of this grade. The Year 5 and 6 final was between Waitohu and Otaki Primary with Otaki Primary being the winners and in the junior grade it was again a Waitohu-Otaki final with another win for Otaki School.



Ka Pai Kai Challenge at Sacred Heart Petone

Sacred Heart Petone has been developing a special programme for three years called "Ka Pai Kai".



Ka Pai Kai (KPK) is kindly supported by Massey University and attempts to achieve the goals of increased physical activity and increased knowledge about healthy food choices.

An annual event is the KPK unit of work where all children learn about healthy eating, an interesting part of this unit is where each child designs a healthy lunch or breakfast.

The designs are then judged and the winner from each class has their lunch / breakfast made for the entire class. Ka Pai Kai has also been responsible for the setting up of a new garden which was opened by Sir Peter Snell. There are many other Ka Pai Kai achievements but the latest is the most exciting.

Called the KPK Challenge - each student has been challenged to complete one of five challenges that are printed on a recyclable shopping bag that all children received.

In each bag the children received a school beanie, some KPK stationary, seeds, a Ka Pai Kai challenge dice and information on each challenge. The challenges range from sowing mesclun salad seeds, to making soup as a whanau.

The KPK Challenge started off with a special assembly which included current Wellington Lions Captain Neemia Tialata (pictured). The children enjoyed watching Neemia participating in various examples of the challenges including doing the 'Macarena' dance.

Article and photos provided by Sacred Heart Petone School.



Sport Wellington Kapiti

Frank van Kampen Inter School Sports Tournament

Bitter sweet is how one might describe the occasion of the first Frank van Kampen Interschool Tournament between Waikanae and Kapanui schools.

It is just under a year since Frank van Kampen, a much loved teacher was knocked off his bike and killed by a drunk driver while he was cycling home to Otaki.

Des Hedley, Principal of Kapanui school where Frank taught, said “Frank was an outstanding teacher. He was very committed to sport and the driving force behind our school sport programme”.

Frank’s mother Helen was the guest of honour at the tournament that involved rugby, netball, rippa rugby, hockey and soccer. She said “it is at times like this I really really miss him. He was so into everything – a bright shining beacon and on a day like this I really miss hearing his voice.”

Alex Penberth a member of the Kapanui school rugby team was, last year in Frank’s class, “he was so cool in and out of school. He had the knack of making learning fun and getting us to focus - he was just one of those special people”

Fittingly, on a sunny Wednesday afternoon Kapanui took out the shield with wins in hockey, rugby and rippa rugby, a draw in soccer and a loss to Waikanae in both the netball games.

Sport Wellington Kapiti supported the tournament by presenting the Year 7 & 8 class with a soccer ball, rugby ball and a netball. “It is to help foster the spirit that lunch times and break times are great for getting out and playing”, said Jan Nisbet Regional Services Advisor.



Sport Wellington Wairarapa

St. Teresa’s - Getting Active With Traditional Maori Games



As an ‘Active School’, the teachers at St.Teresa’s school are taking up the challenge to introduce new opportunities to get active and linking their Maori studies within the classroom.

Sport Wellington Wairarapa and Accent Learning are funded by the Wairarapa District Health Board Community Action Fund to introduce ‘Traditional Maori Games’ and local stories as potential authentic context for connecting with the Ministry of Education strategy “Raising Maori Achievement, Maori Education Strategy 2008 – 2012”.

Teachers work shopped a variety of traditional poi games and made links to the curriculum. St. Teresas’ teachers plan to integrate all their learning back to their classrooms across the curriculum and into their senior student leadership programme, where senior students will teach the games to the rest of the school.



Locomotion - Running

Running is like walking except there is a period of suspension when both feet are off the ground at the same time. The skill of running includes jogging, sprinting, chasing, dodging and evading. All of these are important to many games (e.g. tag), sports (e.g. athletics), and everyday activities (e.g. running to get to school on time).

Applying Movement principles

Momentum: In running, the greater the force produced from the drive off the back leg, the greater the forward acceleration. That is, the more you push off the ground with your legs, the faster you will go.

Direction of force: In running, the direction of force is achieved through a forwards lean of the body. Knees move forwards, and arms move forwards and back, to minimize any lateral movements of the body. That is, you lean your body in the direction of the run.

Levers: If you shorten your lever arm, the movement will be faster. That is, bending your knees and elbows shortens the lever to increase running speed.

Hot tips to help with children's running:

- Hold head up – look ahead
- Lean body slightly forward
- Lift knees
- Bend arms at the elbows, swing arms backwards and forwards from shoulders
- Move arms in opposition to leg action
- Land on heels
- Push off with the balls of the feet
- As running speed is increased, body lean and arm action increases
- In a fast run, the balls of the feet contact the ground first.



Taken from SPARC's Fundamental Movement Skills Resource – Running.

For more information about Fundamental Movement Skills, visit the SPARC website: www.sparc.co.nz or contact:

Georgina Duindam

Sport Wellington

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Workshops

Movement in the Early Years - Building the Foundations between Movement and Learning.

Early in September a group of teachers participated in a workshop at Pelorus to learn about the impact that developmental milestones and movement skills has on the physical and cognitive development of children.

These classroom teachers / specialist teachers / teacher aides also experienced a number of easy to use and adaptive activities they could use in their classrooms. Teachers feedback included:

“Awesome – practical – great ideas to take back to class”

“I learnt how important physical movement is to help children's social and learning.”

“Movement does have an impact on children's learning”

“The importance of fundamental skills for formal learning”



Workshops 2010

School Sport Event Management - GET SET GO Trainers Workshop

Are you responsible for organising either a school sporting event or an interschool event?

Need some tips on how to make this a successful quality event?

Would you like some templates and guidelines to follow?

If you answered yes to any of the above then this is the workshop for you!

- When:** Wednesday 17th November 2010
- Where:** Pelorus Trust Sports House, Seaview, Lower Hutt
- Time:** 9.30am – 3.30pm
- Cost:** \$60+ GST per person (Past or present Active School)
\$80+ GST per person (non Active School)
- Presenters:** Georgina Duindam (Sport Wellington), Daphne Pilaar (WCC)

- DEVELOP your skills in organising school sports events.
- HAVE an opportunity to plan your next sports event.
- TAKE away lots of useful resources and information including the Schools Get Set Go Resource Folder.

Book and pay now to secure your place in this workshop.

For further information to book please contact:

Sport Wellington
Ph (04) 380 2070
info@sportwellington.org.nz
www.sportwellington.org.nz



PE/Sport Planning Alignment with NZC

“Planning for 2011 to ensure links to all aspects of NZC are clearly evident. Learn how to integrate Te Ao Kori into your entire PE programme.”

- When:** Wednesday 10th November 2010
- Where:** Pelorus Trust Sports House, Seaview, Lower Hutt
- Time:** 9.30am – 3.30pm
- Cost:** \$80+ GST per person (Past or present Active School)
\$100+ GST per person (non Active School)
- Presenters:** Georgina Duindam (Sport Wellington),
Libby Paterson (Accent Learning)

This workshop will provide opportunities to review and reinvigorate your PE / PA / Sport programme to meet the needs of your students and the intent of NZC in 2011.

Te Ao Kori will be the context to highlight planning using NZC. It will also demonstrate how you can integrate Te Ao Kori into your whole PE programme rather than just teaching it as a 6 week block.

Book and pay now to secure your place in this workshop.

For further information to book please contact:

Sport Wellington
Ph (04) 380 2070
info@sportwellington.org.nz
www.sportwellington.org.nz



Workshops 2011

Enhance not only your sports programme but reflect on the quality of teaching and learning in PE

Is your sports programme linked to quality outcomes for your students?

This Fundamental Movement Skills series is being offered in Wellington. It will further develop your understanding of the FMS and how to relate this not only to your PE programme but your sports programme as well.

Sessions will be taken by Libby Paterson from Accent Learning and local sports providers.

Attend single workshops or receive a discount for registering for the entire series.

Dates to be confirmed but will be in these weeks

1. **Term 1 week 9 / 4 – 8 April**
2. **Term 2 week 2 / 9 – 13 May**
3. **Term 2 week 5 / 30 May - 3 June**
4. **Term 2 week 9 / 27 June – 1 July**

Keep an eye out in Term 1 2011 for confirmed dates .



School Zone & Interzone Sports Calendar 2010

TERM 4

Date	Ppt Date	Zone / Cluster	Sport	Venue	Organiser (School)
20-Oct	27-Oct	Wgtn Eastern	Hockey	National Hockey Stadium	Miramar North/Kilbirnie
3-Nov	5-Nov	LH Central	Cricket	Hutt Recreation Grounds	Cricket Wellington
3-Nov	5-Nov	LH Eastern	Softball	TBC	TBC
3-Nov	5-Nov	UVPSSA	Touch	Trentham Memorial Park	Birchville
3-Nov	5-Nov	Wellington Region	Rippa Rugby Yr 5&6 Girl Blacks & Girls Tackle Yr 7&8	Fraser Park	Greater Wellington Primary Schools Rugby Union
4-Nov	6,11,18-Nov	Wgtn Tawa	Athletics	Tawa College	Redwood School, St Francis Xavier
4-Nov	11-Nov	Wgtn Central	Athletics	Newtown Park	St Marks School
4-Nov	N/A	HRSA Yr 7/8	Touch	Fraser Park	St Bernards College
5-Nov	N/A	Porirua	Swimming	PCC Aquatic Centre	Cannons Creek School
5-Nov	7-Nov	LH Fraser	Cricket	Naenae Park	Cricket Wellington
7-Nov	14-Nov	Wgtn Northern	Athletics	Newtown Park	Chartwell School
7-Nov	N/A	Wgtn Region	Regional Tennis Finals	Wellington Renouf Tennis Centre	Wellington Tennis
10-Nov	17-Nov	Wgtn Eastern	Athletics	Newtown Park	Hataitai/TKKM Mokopuna
10-Nov	17-Nov	Wgtn Western	Athletics	Newtown Park	Karori Normal School
17-Nov	24-Nov	LH Southern	Athletics	Petone Rec Park	Wilford
19-Nov		Masterton	Athletics	TBC	TBC
24-Nov	27-Nov	LH Eastern	Athletics (Yr 4-6)	Wainuiomata High School	Fernlea
24-Nov	26-Nov	UVPSSA	Athletics	Maidstone Park	Mangaroa/Trentham
24-Nov	25-Nov	LH Central	Athletics	Hutt Recreation Grounds	Muritai School
25-Nov	27-Nov	LH Northern	Athletics	Koraunui School	Koraunui School
25-Nov	2-Dec	PSW	Inter Zone Athletics	Newtown Park	PSW
25-Nov	27-Nov	Parumoana	Handball/Softball	Ngati Toa Domain	Papakowhai, St Therasas /Adventure, Postgate Schools
1-Dec	2-Dec	LH Western	Athletics	TBC	TBC
2-Dec	4-Dec	LH Fraser	Athletics	TBC	Rata Street
3-Dec	N/A	Porirua	Volleyball	Sports and Events Centre	PCC/Sports & Events Centre
8-Dec	9-Dec	LHPSSA	Inter Zone Athletics	Hutt Recreations Grounds	LH Fraser Zone

Please note: The information provided is limited by what has been sent through by Zone Convenors prior to going to print. For events not in the calendar please contact your School Zone Convenor.

Zones

Inter-Regional Cross-country Championships



A team of 81 runners represented the Wellington Region at the Inter-Regional Cross-Country Championships held at the end of term three. A three month programme of fundraising activities and training sessions followed the selection of the team. Local harrier clubs undertook the training of many of the runners and their efforts and those athletes were rewarded at the event.

The 2010 event was hosted by Canterbury at a very picturesque course in Hanmer Springs. The decision to hold it out of Christchurch was appreciated by all considering the terrible times that the Canterbury region had been experiencing due to the earthquake. The night prior to the event, Hanmer was hit by yet another storm and our fears for the conditions on event day were unfounded as we were greeted with blue sky and sunshine. The snow capped hills surrounding Hanmer, were a constant but chilly

reminder of the weather that the alpine area had experienced throughout the previous week.

After a disappointing overall result in 2009, this year's results were very pleasing. The team shared the Phil Costley Shield with Canterbury for the best overall region as well as winning four gold, three silver and four bronze in the individual events; and four gold, three silver and four bronze in the teams event. Two notable performances were the Year 8 girls where the first five places were taken by Wellington runners. The second notable performance was that of Noah Billingsley who, for the fourth consecutive year, won the inter-regional title.

Article was supplied by Primary Sport Wellington.



Photo of Noah Billingsley
By Mike Walen

The medal winners were:

Individual:

Year 5 Boys	1st Place	Nikolai Allen	Mangaraoa School	Upper Valley
	3rd Place	Callum Brooker	St Francis Xavier	PSW
Year 6 Girls	2nd Place	Madison Nydam	Silverstream	Upper Valley
Year 6 Boys	2nd Place	Eden Cruise	Papakowhai	Parumoana
	3rd Place	Arlo Herriot	Miramar Central	PSW
Year 7 Girls	3rd Place	Georgia Grenfell	Chilton St James	Lower Hutt
Year 8 Girls	1st Place	Kelsey Forman	SWIS	Intermediates
	2nd Place	Josie Kozyniak	Sacred Heart	PSW
	3rd Place	Alison Andrews-Paul	Masterton Intermediate	Intermediates
Year 8 Boys	1st Place	Noah Billingsley	Raroa Intermediate	Intermediates

Teams:

Gold	Year 5 Boys	Nikolai Allen, Callum Brooker, Patrick White, Matthew Sutcliffe
	Year 6 Boys	Eden Cruise, Arlo Herriot, Gus Reece, Joshua Nairne
	Year 8 Girls	Kelsey Forman, Josie Kozyniak, Alison Andrews-Paul, Phoebe Anderson
	Year 8 Boys	Noah Billingsley, Jonathan Beresford, Andrew Kelly, Logan Archer
Silver	Year 6 Girls	Madison Nydam, Bayley-Rose Van de Coolwijk, Emma Main, Ruby Leverington
	Year 7 Girls	Georgia Grenfell, Anna Gibbs, Jayme-Lee Hunter, Madeline Wilson
Bronze	Year 7 Boys	Liam Kennedy, Adam Moloney, Riley Karl, Felix Humphries
	Year 5 Girls	McKenzie Jacques, Imogen Kilioni, Maya Hahn, Olivia Aunoa
	Year 5 Boys	Ricky Kiddle, Logan Slee, Brelyn Little, Peter Roberts
	Year 6 Girls	Bethany Versey, Michaela Walker, Phoebe Hilliam, Isobel Hegan
	Year 8 Girls	Amelia Harris, Hope Gilchrist, Olivia de Ronde, Kara Orr

Upcoming Events:

Term 4 is the beginning of the athletic season where zones, interzone and regional events will be held in this sporting code over November and December as well as the Eastern Zone Hockey tournament.










Photo of teams receiving of the Phil Costley shield
By Mike Walen

(Photography by Mike Walen from KeyImagery www.keyimagery.com)

PARAFED WELLINGTON

Sport Dev. Co-ordinator/Michelle Laurenson - (04) 293-1184 or (027)688-9270 or michi.l@xtra.co.nz

 Parafed Wellington	DATE	SPORT	EVENT/VENUE	SPONSORS
	30 October 27 November	Youth Sports Club (primary & secondary)	Rangikura Primary School, Porirua 1.30pm to 3.30pm	 Principal Sponsor 
	31 October	Swimming	"Have-a-Go" at Johnsonville Pool Johnsonville 12.30pm to 1.30pm	 
	7 November	Horse Riding	Horse Riding with Riding for the Disabled, Hospital Drive, Porirua, 11 am to 2pm	

Advertisorial

Funding

KiwiSport

More Opportunities Available To Kids Through KiwiSport

Sport Wellington is pleased to announce that four successful KiwiSport applications have recently signed their agreements. More information about these projects will be available on our KiwiSport webpage.

Hutt City Council will lead the delivery of a pilot Fundamental Movement Skills Project in the Hutt Valley region which will see approximately 12,000 (year 1 – year 6) primary school children develop and enhance key aquatic, movement and manipulative skills.

Tennis Central has received KiwiSport funding to provide the 'Grasshopper' tennis programme to 13,500 children across the greater Wellington region over the next three years. Grasshoppers provides the fundamental skills and pathways required to encourage kids into a sport that they can play for life.

Otaki College will lead a unique community-based project to provide speed, agility and quickness (SAQ) experience to 450 primary and secondary school students, as well as a SAQ coaching programme targeted at local sports clubs and community organisations.

Cricket Wellington aims to address the shortage of cricket coaches via a 'College Cricket Coaching Academy'. The project intends to recruit, train and provide support to approximately 140 year 11 & 12 students who will then coach at a junior level, either at their college or at a local junior cricket club.

<http://www.sportwellington.org.nzkiwisport/>

Sport Volunteers

Celebrating our school volunteers



The Volunteer of the Month for June is Sharron Patterson who assists Netball at Maoribank Primary School.

This mother of five is very passionate about Netball and this is evident with her on-going commitment to the school where she is the “rock” for the Home and School Parents group, Chairperson of the Board of Trustees, coaches netball coaches and has coached teams herself. She assists with umpiring, managing teams, organises training sessions, assists with school trips, and provides on-going support for the teachers at Maoribank school.



The Volunteer of the Month for August is Rachel Fitzsimons. Rachel organises Netball for the St. Patrick’s Primary School in Kilbirnie. Rachel is also an active member of the School Board plus a member of the FRIENDS committee, which involves raising funds for the school.

Rachel has supported and promoted sport in this small school for a number of years by managing and coaching the school Netball team, even officiating when required. It is through Rachel’s outstanding contribution that the students are able to participate.

Young People - Why do they play or stop playing sport?

Much research has gone into why young people play sport and what they enjoy about it.

An important thing to remember is to keep your child’s best interests in mind and think about what they may want to achieve through their sport. Here is just a brief reminder of some points to consider.

Why do young people play sport?

Young people play sport for a number of reasons. Generally, young people play sport:

- To have fun with their friends
- For excitement and enjoyment
- To experience challenge, achievement and personal responsibility
- To improve their skills



Why do young people stop playing sport?

There are a number of factors that influence a young person’s decision to play sport and also to drop out of sport.

What we do know is that young people do not enjoy sport when:

- There is an over emphasis on winning by parents, coaches and others.
- They don’t get enough playing time
- They can not play with their friends because of imposed grading systems
- There is high praise for the best performers and little acknowledgement of others
- They are made to feel uncomfortable
- The coach is overly authoritarian



Information from:

http://www.ausport.gov.au/participating/schools_and_juniors/juniors/issues/motivation

‘Swarms of grasshoppers’ to take to the courts

Wellington is about to be plagued by a swarm of budding ‘Grasshoppers’, the tennis kind that is.



TENNIS CENTRAL & GRASSHOPPERS

Tennis Central is the recipient of KiwiSport funding to provide the ‘Grasshoppers’ programme to 13,500 children (across 42 new schools) in the Greater Wellington region over the next three years. Grasshoppers is a national tennis initiative aimed at introducing tennis to 5-10 year olds in schools.

The Grasshoppers programme is a games based programme that focuses on fundamental skills and provides a seamless integration in to the PE curriculum and directly links with children joining a national programme being introduced into tennis clubs.

The programme has taken elements of best practice from existing tennis in schools programmes and built on this to encompass exciting developments for children, teachers, coaches and clubs.



“Grasshoppers are the future of our sport, our aim is to make tennis accessible to all and to encourage children into a sport that they can play for life,” says Charlie Cordwell, CEO Tennis Central. “Children will learn and be taught fundamental movement, striking and coordination skills through a fun games-based approach.”

Specifically, the programme aims to improve the following areas:

- Throwing
- Catching
- Balance
- Tracking
- Movement
- Striking



In addition, children will receive basic instructions in the four main tennis strokes and will be taught how to apply these in a game like situation. Many of the lessons are very basic with a focus on having fun and playing games using a tennis racquet and soft adapted tennis balls.



Tennis Central, Regional Development Manager Mike Ryan said “Grasshoppers creates a recognised competition pathway for kids not yet able to play regular tennis on a full-size tennis court. It’s a perfect formula for schools, coaches and clubs to work together to deliver a curriculum-based tennis programme in schools as well as offering a pathway for children to experience a tournament at their local tennis club.”

Mike Ryan

Regional Development Manager - Tennis Central

Ph 3859709 ext 203

Cell: 021 375 496

Events

HEART FOUNDATION HEART WALK

Put on your walking shoes and raise funds to help stomp out heart disease!

When:	11am, Saturday 13th November 2010
Where:	Waitangi Park
Registration fee:	15 years and over - \$5 Under 15 - FREE

Want to encourage others to stay active and help raise money for The Heart Foundation? Celebrate the start of the summer weather by joining the Heart Foundation and Sport Wellington on the 5km Heart Foundation Heart Walk around the Wellington Waterfront.



The event starts and finishes at Waitangi Park on Cable Street. There will be plenty of entertainment and giveaways for the whole family, so bring a picnic lunch and join the fun.

2008 was the inaugural event in which over 700 people turned up and showed their support. The Heart Foundation gave everyone some fantastic tips on healthy food options for the barbeque, just in time for summer.

Sign up as a Heart Walker online and raise money to help the Heart Foundation stomp out heart disease by getting your friends and family to sponsor your walk.

Register on the day at Waitangi Park from 9am or at:

www.heartwalkers.org.nz



WELLINGTON ROUND THE BAYS & NEW BALANCE HALF MARATHON

Date:	Sunday 20 February 2011
Time:	8.30am - New Balance Half Marathon - 21km 9.20am Runners / 9.30am Walkers – Pelorus Trust 7km
Start:	Frank Kitts Park
Finish:	Kilbirnie Park



With the temperature starting to heat up here in Wellington the team at Sport Wellington is getting ready for the 2011 Wellington Round the Bays Fun Run.

Secure the date of the 20th February 2011 in your diary because this will be an action-packed day of fun.

We'll start off at Frank Kitts Park and finish at Kilbirnie Park conquering a total of 7kms or 21kms. It's up to you whether you walk or run (or do a combination of both).

We welcome children of all ages and their families to come and join us next year at this iconic Wellington event.



Kilbirnie Park will come alive with various bands, entertainment and food stalls and we'll have some neat spot prizes to give away to those who stay and enjoy the festivities. Make a day of it and experience the fun and relaxed atmosphere with your family.

Registrations will be opening soon. Visit the website and keep up to date!

www.wellingtonroundthebays.co.nz

SPARC Volunteer Coach Awards 2010



Finalists have been selected

Sport Wellington proudly announces that 393 nominations were made within the greater Wellington Region. 13 regional finalists have been selected from these 393, with a breakfast being held on the morning of October 13th at the Renouf Tennis Centre.

Sport Wellington Coaching Director Mike Walsh says "We are delighted that the local community of sport has exceeded last years number of nominations. As always, deciding on regional finalists is a very challenging process, with so many worthy nominations in all three categories. They are all

winners in my eyes for having contributed to community sport for so long".

REGIONAL FINALISTS:

STUDENT category

Selina Duggan (Hockey)
Adam Parsons (Hockey)
Kate Forster (Swimming)
Maddie Simmonds (Hockey)
Anna Brow (Hockey)

LIFETIME category

Dayle Jackson (Hockey)
Craig McGuinness (Water Polo)
Russell Thompson (Softball – Masterton)
Napier McFedries (Surf Lifesaving – Otaki)

GENERAL category

Anthony Akavi (Rugby League)
Peter Semmens (Rugby – Masterton)
Sarah Goffe (Water Polo)
Joe Steventon (Squash – Martinborough)



Gary Gibson - 2009 Overall Regional Winner from PNP Cycling Club.
Photo courtesy of CityLife News

Supporters of Sport Wellington



Carterton District Council
Hutt City Council
Kapiti Coast District Council
Masterton District Council
Porirua City Council
South Wairarapa District Council
Upper Hutt City Council
Wellington City Council

