**SCHOOL NAME:**

**HEALTH & SAFETY PLAN CREATED BY:**

**DATE:**

**REINTRODUCTION OF SPORT TIMELINE:**

Get Ready: Plan for a return to training and playing. Put in place protocols and practices to meet health requirements including hygiene (washing of hands and sanitising of equipment), contact tracing, facility access and physical distancing

Prepare to Play: Resume training, utilising the appropriate protocols and practices. National Sport Organisation guidance around this, particularly in reducing the risk of injury for students will be a valuable guide.

Play: Return to play when it is safe to do so ensuring that any public health requirements, particularly for interschool resumption which will involve people from outside your school bubble, are in place.

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|  | **DESCRIBE WHAT YOU WILL DO** | **WHO IS RESPONSIBLE?** |
| **Coaches/ Managers** | *Examples:*   * Distribution of school’s approved COVID-19 Level 2 health and safety plan to the coaches and managers. * Ensure coaches and managers to sign in and out of school for all onsite training activities. * Overseeing the school’s sports health and safety guidelines are adhered to. |  |
| **General Wellbeing** | *Examples:*   * Ensure no one participating if they are displaying symptoms of COVID-19, awaiting a test, or required to self-isolate. * Promoting general wellbeing practices: cough and sneeze into the crook of your arm, rigorous hand washing, minimise touching of face and mouth, no spitting or sharing water bottles. |  |
| **Contact Tracing** | *Examples:*   * Implement a contact tracing register solution (paper-based and app - details to include address, phone number and email) * Store contact tracing details for 4 weeks. |  |
| **Cleaning and Hygiene – Personal** | *Examples:*   * Request all participants to wash their hands with soap and dry them before and after play or use hand sanitiser if this is not possible (containing at least 60% alcohol). * Ensure players, coaches and managers have their own personal hand sanitiser gel/spray on hand. * Wash sports uniforms after every practice and clean boots/shoes with disinfectant. |  |
| **Cleaning and Hygiene – Equipment** | *Examples:*   * Minimise the sharing of equipment/ balls. * Clean and disinfect the equipment before and afterwards. * Prevent lending of uniform or personal equipment, especially water bottles or mouth guards. * Limit one person per team to have access to sports equipment bag to minimise contact issues. * Ensure gymnasium bathrooms cleaned after training on a daily basis. |  |
| **First Aid** | *Example:*   * Provide First Aid bags equipped with gloves and face masks to facilitate safer contact between the injured party and the adult administering first aid. |  |
| **Facilities** | *Examples:*   * Ensure facilities practice thorough sanitation measures, and their bathroom facilities have water, soap and towels/drier available for participants to wash and dry their hands. * Have sports/gym equipment washed and dried before and after practice and games. |  |
| **Physical Distancing** | *Example:*   * Encourage participants to maintain 1m physical distancing when not participating in the sport or activity. |  |
| **Gatherings** | *Example:*   * Prevent gatherings at communal points such as sport venue, gym or school entries and car parks. Phasing of sports activities will allow time for people to pass through these areas safely. |  |
| **Opposition teams** | *Examples:*   * Email opposition teams the school’s health and safety guidelines prior to their match. These are to include handwashing regime pre and post matches, social distancing for substitution players on the bench, spectating guidelines for visiting parents. * Ensure both teams always follow public health guidelines on physical distancing and personal hygiene during on-site and off-site matches. * To minimise risk, extra care to be taken when cleaning surfaces and equipment after match days. |  |
| **Communal Points of Contact** | *Examples:*   * Care must be taken to avoid interacting at communal points such as entries, changing rooms and car parks. * Phasing of activities to allow time for people to pass through these areas safely. |  |

**Requirements for teams when offsite – to be supplied by the school:**

*Examples:*

* 1x Spray sanitiser
* 1x Hand sanitiser
* 1x Antibacterial soap & hand towel (and a plastic bag to take it home in) towel to be rewashed before every training.

**ADDITIONAL SPORT SPECIFIC HEALTH & SAFETY GUIDELINES – OFF SITE**

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| **OFF-SITE** | **ISSUES & RESOLUTIONS** | WHO IS RESONSIBLE? |
| **MATCHES** | *Examples:*  **Transport** – During Level 2 parents should transport their children in their own cars. Manager will no longer be transporting players to the venue due to social distancing issues.  **Social distancing** – To be observed at all times when not on the turf. Enforced by coach/manager.  **Equipment** – School to provide appropriate disinfectant for equipment. Equipment to be disinfected after every training session.  **Contact tracing** – All participants to sign in and out of the venue with the team manager. Manager to keep their own list of participants & submit to sports coordinator on a weekly basis. Contact details to be kept for 4 weeks.  **Venue**– Review venues’ health and safety plan and provide to coach, manager, players and parents. All to abide by venue’s health & safety guidelines.  **Venue toilet facilities** – Hands must be washed with soap and dried (or hand sanitiser gel used) |  |