

Sport Wellington Key Messages

3 June 2020

PRIMARY SCHOOL CONNECT



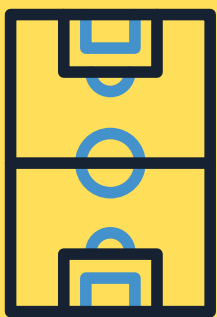
Supporting a healthy, active region.



Setting the purpose:

We had an audience that ranged from teachers, sport convenors, council staff to external primary school providers. The purpose of this webinar was to provide an opportunity for connection as we looked at primary school sport. How do we work closely together, toward a consistent goal of improving tamariki wellbeing (hauora) through quality physical activity experiences. In this unsettling time, we have our opportunity to step forward and understand the role each of us can play, and move forward together to ensure we have a great school sport system set up across the greater Wellington region. We heard from three speakers covering different perspectives. Here is what they shared:

Interschool Sport update - Tara Fevre, Lower Hutt Primary School Sport Association (LHPSSA)



Regional Cross Country is postponed until Term 3 – schools have already been informed. Schools should run their cross country as normal, but LHPSSA are planning for different restrictions on numbers allowed at zone and inter-zone events. LHPSSA strategic plan – a great opportunity to review their plan due to new staff, aligning with Physical Literacy and Balance is Better.

Consultation is still in process, but early insights show there is a need for necessary numbers and expertise of volunteers at events. There is the potential to involve secondary schools in this area, an opportunity to strengthen community connections.

Q – What is your messaging to schools looking ahead to the busy inter-school sport schedule in Term 3?

A – [Tara] - No pressure on schools, of course they would love as many schools and students to get involved, but fully understand that circumstances and priorities may have changed significantly.

Balance is Better update - Ella Pudney, Sport Wellington



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Balance is Better is built on the idea that sport needs to be focused on why young people play - to have fun, be challenged, develop and improve, be part of a team or group, and not just physical skills. Therefore, sporting activities should be adapted to meet the holistic needs of children – physical, social, emotional, cognitive and spiritual. Karen Laurie (Sport NZ tamariki lead) has written an article which emphasises these points: <https://balanceisbetter.org.nz/the-value-of-sport-in-challenging-times/> Quality experiences that meet young people's needs: this messaging is going out to Regional Sport Organisations who deliver in schools – primary schools are a target audience to lay the foundations before high school.

A school's role when re-engaging with external providers - Matt Pegg, Konini School



Konini Primary School have recently welcomed back their external providers, who were adaptive to the "new normal" around physical distancing etc. during sessions. External providers should detail how they can add value to the school when wanting to reengage with schools, considering: lesson structure, teaching beliefs, detailed costs. A major area where schools could play a role is to be thinking critically around staff expertise & confidence delivering high quality physical sessions. Are schools investing in PLD to up-skill staff? Are they planning to fully utilise the Healthy Active Learning team? Or are external providers just a convenient way to cover curriculum release time? What is the best outcome for students?

If external providers thought about aligning with the physical literacy approach as opposed to being structured like a coaching session, they could add maximum value in schools.

Follow up Questions:

For Schools:

Q. What is your school's readiness around inviting external providers into your setting currently during level 2?

For External Providers:

Q. How can you add value to a school in the PE/Sport setting?

Q. What are you looking for a school to do as they deliver their programs?

Please send your response to: info@sportwellington.org.nz.

To inform each other, we will share the collated responses to the above questions across our Primary School collective on the Sport Wellington School Support page.

Useful Resource Links:



Balance is Better website: <https://balanceisbetter.org.nz/>

Karen Laurie's Article: <https://balanceisbetter.org.nz/the-value-of-sport-in-challenging-times/>

Physical Literacy approach: <https://sportnz.org.nz/managing-sport/three-approaches/physical-literacy-approach/>

Halberg Inclusion Training in a Sport Setting:

<https://attendee.gototraining.com/r/1795475407041646082>

Sport Wellington's School Support webpage:

<https://www.sportwellington.org.nz/covid-19/info-for-play-active-recreation-and-sport-sectors/school-support/>